



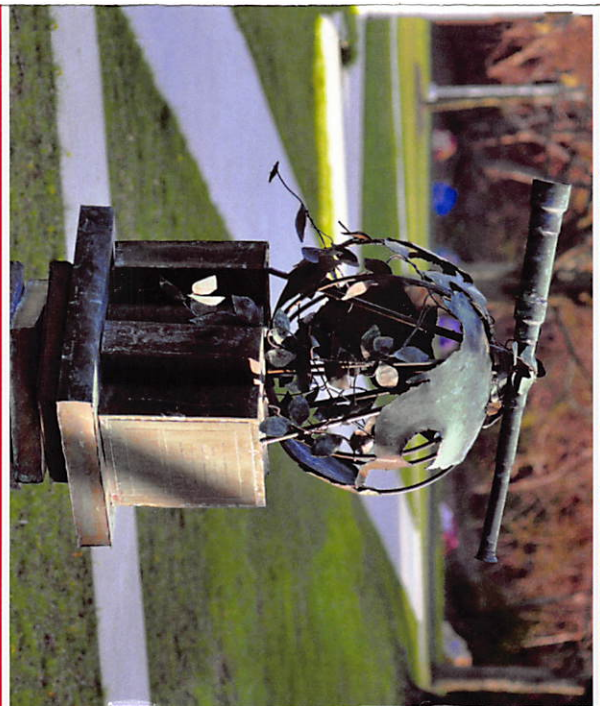
Safety and supervision

The campus of Sacred Heart University is extremely safe. It is situated in the suburb of north Fairfield. Six college student mentors, the director of the Institute, the coordinator of Diocesan Youth Programs, SHU faculty and SHU residence hall directors will be part of the Institute day and evening. The students will be supervised at all times. No one will be allowed in the residence hall other than SHU Journey participants and staff. All SHU Journey faculty and staff members will have completed the VIRTUS training for the Diocese.


Questions?


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A Lilly Endowment Summer Theological Institute
 for High School Youth
 June 23 - June 28, 2019




Sacred Heart UNIVERSITY

What is the SHU Journey?

SHU Journey is an extraordinary six-day residential summer experience of faith education, self-discovery and enjoyment for high school youth. We invite you to join in this dynamic week with your peers and six of our own college students who will lead you in an exploration of faith, in small group conversations learning about yourself and real life issues, in sharing profound prayer, liturgies and excellent music, providing service in the community, hearing famous Catholic leaders, and participating in fun activities on a beautiful, vibrant, spiritually rich and welcoming college campus.

Why should I attend SHU Journey?

SHU Journey is for those high school students who want to develop a better understanding of faith in their life, develop their ability to become a leader in their Church and school, deepen their self-awareness and develop a greater sense of direction and purpose in their life, become more motivated in school and activities, develop strong family and personal relationships, increase awareness of their own gifts and their role as a young man or woman in the Church. High school students who are involved in their churches, campus ministry, music ministry and community service are all students who will benefit greatly from participating in SHU Journey.



“SHU Journey is a transformative experience of faith education, self discovery, prayer and reflection, service, music and community.”



The Lilly Endowment Grant allows Sacred Heart University the opportunity to help high school students explore the Catholic intellectual tradition and to examine how the wisdom of this tradition applies to the moral and ethical challenges these young people face in their contemporary world.

What does the week include?

This exceptional week is filled with exciting activities, events and experiences including faith instruction, small group conversations about real life issues, music ministry, prayer, reflection, liturgy, journaling, community service, keynote speakers, a day trip to The Cloisters, fun activities every day, all meals and snacks, rooming with peers and mentors in the residence hall and free time.

Who can attend?

SHU Journey is designed for Catholic students who are high school rising freshmen to rising seniors and are interested in growing in and becoming leaders in their faith. SHU Journey is developed specifically for young men and women who want to become more knowledgeable, effective, confident, faith-filled leaders in their parishes, schools and communities.

When and where?

SHU Journey takes place on the beautiful campus of Sacred Heart University in Fairfield, Conn. SHU Journey begins Sunday, June 23, and concludes on Friday, June 28. Students stay in one of the University's comfortable, residence halls.

How much does it cost and how do I apply?

There are no costs. This Summer Theology Institute is funded by the Lilly Endowment. Everyone selected to participate in this program will receive a \$500 scholarship. Only 24 high school youth can be accepted for this Summer Institute. Applications must be in no later than May 1, 2019. If a group is applying, please have each individual complete a separate application and note on the form the name of the group with which they are affiliated.

Apply now

www.sacredheart.edu/journeyapply
www.sacredheart.edu/shujourney