

# Creighton Model / FertilityCare System (FCS)

## Where can I take classes?

- Blessed Sacrament, Wichita
- Christ the King, Wichita
- Church of the Magdalen, Wichita
- St. Francis of Assisi, Wichita
- St. Mary, Derby
- St. Thomas Aquinas, Wichita
- St. Patrick, Parsons
- Our Lady of Lourdes, Pittsburg
- Virtual

## When are the classes?

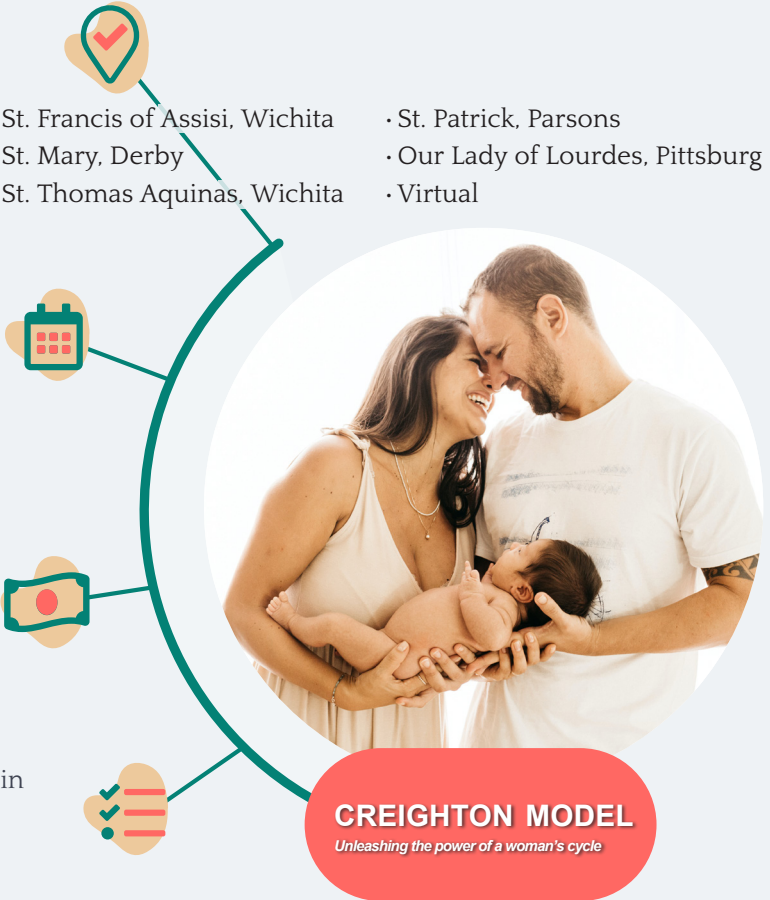
Times vary, please visit:  
[CatholicDioceseOfWichita.org/nfp](http://CatholicDioceseOfWichita.org/nfp)

## How much does it cost?

- Introductory Session \$35
- Follow-up \$30
- Sliding Fee Scale

## Number of Follow-ups?

Introductory Session, 8 follow-ups in the first year of learning.



Si son una pareja de habla hispana, el Modelo Creighton / Sistema de cuidado FertilityCare ofrecen materiales en español.

## Overview

The Creighton Model / FertilityCare System™ (FCS) teaches women to observe the sensation produced by cervical mucus as they wipe with toilet tissue each time they visit the restroom and to observe the appearance of any mucus collected. They then describe what they observe with a standardized system of mucus descriptions and identify times of fertility and infertility based on the instructions regarding these observations. This standardized system networks family planning with women's health that is completely cooperative with the woman's cycle. The FertilityCare System is the foundation for the applications of NaProTechnology. FertilityCare Practitioners complete a 13-month supervised training to teach the system.

[www.fertilitycare.org](http://www.fertilitycare.org) or [www.popepaulvi.com](http://www.popepaulvi.com)