

UKRAINE FACTS:

Conflict in Ukraine: Facts: <https://www.crs.org/media-center/current-issues/ukraine-conflict-facts-and-how-help>

STATEMENTS:

Press Release Caritas Ukraine: <https://www.crs.org/media-center/news-release/crs-and-caritas-ukraine-warn-potential-humanitarian-catastrophe-ukraine>

Spanish press release and statement w/ Caritas Ukraine: <https://www.crsespanol.org/crs-y-caritas-ucrania-advierten-sobre-una-possible-catastrofe-humanitaria-en-ucrania/>

Statement of Bishop David J. Malloy of Rockford and chairman of the U.S. Conference of Catholic Bishops' Committee on International Justice and Peace

<file:///C:/Users/VIVI~1.IGL/AppData/Local/Temp/Malloy%20re%20Prayer-Humanitarian%20Assistance%20for%20Ukraine%20and%20Surrounding%20Countries-1.pdf>

DONATIONS FOR UKRAINE:

Help families in Ukraine. [Catholic Relief Services \(crs.org\)](https://www.crs.org)

English language donation form: https://support.crs.org/donate/donate-ukraine?ms=mamema1622ukr00gen00&utm_source=crs-partners&utm_medium=partner-link&utm_campaign=2022-ukraine

Spanish language donation form: https://support.crs.org/dona/ucrania-emergencia?ms=mamema1622ukr00gen01&utm_source=crs-partners&utm_medium=partner-link&utm_campaign=2022-ukraine

SOCIAL MEDIA - HELP US GET THE WORD OUT:

TWITTER: Follow and retweet [@catholicRelief](https://twitter.com/catholicRelief) and [@CRSNews](https://twitter.com/CRSNews) on Twitter for the latest updates.

FACEBOOK: Facebook Live event will be scheduled soon. Stay tuned!

Like us at:

[@CatholicReliefServices](https://www.facebook.com/CatholicReliefServices)

[@CRSespanol](https://www.facebook.com/CRSespanol)

National Catholic Registry: [How You Can Help Ukraine: Here Are 5 Catholic Charities Accepting Donations](https://www.ncregister.com) | National Catholic Register (ncregister.com)

MINSITRY TOOLS

Engage your High Schools' Campus Ministry, or your Parish Young Adult Ministries

CRS Clubs Be a Changemaker! <https://www.crs.org/get-involved/chapters-clubs>

PRAYERS/ REFLECTIONS/RETREATS

Lent:

Almsgiving: <https://www.crsricebowl.org/almsgiving>

What is Lent and How do we celebrate it? <https://www.crsricebowl.org/how-to-practice-lent>

Stations of the Cross Videos: <https://www.crsricebowl.org/stations-of-the-cross>

Holy Week: <https://www.crsricebowl.org/holy-week>

Prayers to begin and end Lent: https://www.crsricebowl.org/wp-content/uploads/2021/09/Prayer-to-Begin-the-Lenten-Season_2022_EN.pdf

Prayers and Retreat

Prayer resources and retreats: [Catholic Prayers and Prayer Resources | CRS](#)

This month's prayer: Recognize Answers to Prayer [Our Current Prayer | CRS](#)

CATHOLIC RELIEF SERVICES YOUTUBE CHANEL

Many great videos or reflection, learning, and to include in prayer services.

https://www.youtube.com/results?search_query=catholic+relief+services

Catholic Social Teaching: CST 101 [CST 101 | Life and Dignity of the Human Person - YouTube](#)

CRS ANTHEM:

Faith knows no Bounds! [Faith Knows No Bounds - YouTube](#)

ADVOCACY TRAINING VIDEOS:

Writing Letters to the Editor: <https://www.youtube.com/watch?v=J7kpBO0-XIw>

Why Advocacy: <https://www.youtube.com/watch?v=e6ul85g9dlQ>