



From Advent to Christmas: Preparing Our Hearts and Homes

Week One: Hope

What are your family's hopes for Advent? What about your hopes for the new year ahead? In what ways can you bring hope to another person? Have each person share a hope here.

“From my point of view, God is the light that illuminates the darkness, even if it does not dissolve it, and a spark of divine light is within each of us.” – Pope Francis

Week Two: Peace

What can your family do to bring peace to your home, school, place of work? Make a list here.

“May we be in this world a ray of that light which shone forth from Bethlehem, bringing joy and peace to the hearts of all men and women.” – Pope Francis

Week Three: Joy

How can you be a person of joy? What can you do to bring joy to your friends and family? For whom should we pray this week? List those people here.

“Joy is a net of love by which you can catch souls.” – Mother Teresa

Week Four: Love

What are small acts of love that our family can do this week? As we prepare our hearts and homes for the coming of the Christ child, list a few ways that your family can be Christ to others in the world today.

*“And in the end, everything else will turn out to be unimportant and inessential, except for this: Father, Child, and Love.”
– St. (Pope) John Paul II*

