

Advent Wreath

Light the Advent wreath each night, saying prayers that correspond with the weekly themes of hope, peace, joy, and love.

Jesse Tree

Create a Jesse Tree, where each ornament represents a story from the Bible leading up to Jesus' birth.

Daily Scripture Reading

Read a passage from the Bible each day that reflects on the coming of Christ.

Advent Calendar

Use an Advent calendar to count down the days to Christmas, with each day including a small scripture reading or activity.

Family Prayer Time

Dedicate extra time each day for family prayer, focusing on the themes of Advent.

Acts of Kindness

Encourage family members to perform daily acts of kindness to prepare their hearts for Christmas.

Confession

Participate in the Sacrament of Reconciliation as a family to spiritually prepare for Christmas.

Fasting

Choose one day a week to fast or abstain from something as a form of preparation.

Give

Donate time, money, or goods to those in need, reflecting the spirit of giving that Christmas represents.

Nativity Scene Preparation

Gradually set up your Nativity scene, adding figures each week and reflecting on their significance.

Christmas Novena

Participate in a Christmas novena in the nine days leading up to Christmas.

Advent Music

Listen to and sing Advent hymns as a way to reflect on the season's themes.

Advent Devotionals

Read Advent devotionals that focus on the spiritual preparation for Christmas.

Prayer Intentions

Write down prayer intentions each week and pray for them as a family.

Christmas Decorations

Delay putting up full Christmas decorations until closer to Christmas, focusing first on Advent-themed decor.

Service Projects

Engage in a family service project, such as volunteering at a soup kitchen or helping a neighbor in need.

Saint Feast Days

Celebrate the feast days of Advent saints, like St. Nicholas or St. Lucy, with special activities or prayers.

Christmas Cards

Write and send Christmas cards with a prayer or Bible verse included to spread the message of Christ's love.

Family Reflection

Spend time reflecting as a family on the meaning of Christmas and how to keep Christ at the center of the celebration.

Advent Retreat

Attend an Advent retreat or spend a day in reflection and prayer as a family.

Crafting Ornaments

Make handmade ornaments that represent different aspects of the Nativity story.

Lectio Divina

Practice Lectio Divina as a family, focusing on Advent scriptures.

Candlelight Rosary

Pray the Rosary by candlelight, reflecting on the Joyful Mysteries, which anticipate Christ's birth.

Advent Almsgiving

Set aside money each week during Advent to give to a charitable cause on Christmas.

Silent Night Reflection

Spend a few minutes each night in silence, reflecting on the quiet anticipation of Christ's coming.

Making the Most of *Advent*