

NFP INSTRUCTION

MARQUETTE METHOD

HONOR YOUR FAITH.
STRENGTHEN YOUR MARRIAGE.
PLAN WITH PEACE.

“To accept the natural cycle is to embrace dialogue, mutual respect, shared responsibility, and self-control, living love fully and faithfully.”

— John Paul II, 1981, sec. 32



KEY DETAILS

- In depth personal instruction informed by professional experience, marriage, motherhood, and a deep passion for womens health.
- Christ first education in line with Catholic Social Teaching.
- Virtual meetings that fit your busy schedule.
- Competitive pricing.

WHY MARQUETTE METHOD

- 99% Accurate!
- Science and data based approach utilizing advanced monitor technology taught by a medical professional.
- Compatible with all life stages: regular & irregular cycles , postpartum, breastfeeding, & perimenopause.
- Easy, straightforward, and done in minutes.



A LITTLE ABOUT ME

I am Catholic, a wife, and mom to a little one at home, a baby on the way, and a little angel in heaven.

I am a licensed Registered Nurse with specialized experience in Labor and Delivery and Postpartum care.

I have a passion for women's health, and look forward to supporting you on your fertility and NFP journey!

WHAT IS INCLUDED

Personalized instruction tailored to you, your marriage, your cycle, and your goals.

Lifetime access to course materials and fertility charts.

Follow-up after one month, six months and twelve months to review your charting, answer questions and provide further education.

Year-round support: freedom to ask questions and seek guidance at anytime during your first year.

CONTACT VIA EMAIL OR TEXT WITH QUESTIONS AND TO GET STARTED!

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